

TimeOut

SWITZERLAND

WINTER 2019 ISSUE 5
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STEP INTO WINTER

**Brilliant ski breaks, superb
spas, fantastic fondues,
fab new films, great gigs...**

Shopping & Style

TIME OUT LOVES

Forever Institut

IF SWISS WINTERS are about hitting the slopes, roaring fires and cosy fondue nights, it's worth considering what so much frosty fun might be doing to how you look. All that chilly air, moisture-sucking heating and good living is liable to leave you in serious need of a beauty boost as the new year rolls on.

Enter Forever Institut. Located in the heart of Geneva, this luxury beauty practice offers all you need to revive your cracking complexion, bring out your inner glow and banish signs of winter fatigue. Its central location makes it a handy spot to undergo express treatments, such as peeling or facials, that will lift your confidence in between meetings.

But there's much more to choose from. Whether you want smoother skin, luscious lips or to detox after too much holiday excess, you'll find a personalised solution to suit. The institute's mission is to demystify dermo-aesthetics by making treatments available to all. Founder Dr Luigi Polla was the first to introduce laser hair removal in Switzerland in 1997 and the innovative treatments have continued clocking up as his four daughters have joined the family business.



The centre has established itself as a pioneer in regenerative aesthetic medicine, mastering botox injections and fillers. It also offers PicoSure laser technology, which has the ability to destroy the melanin responsible for dark marks and scars while preserving skin tissues and reducing side effects.

Then in 2010, it became the first to introduce CoolSculpting cryolipolysis, a revolutionary fat reduction treatment that eliminates fat without damaging the skin, muscles or nerves.

Forever Institut continues to grow and opened a second boutique in Lausanne in 2017. Book a first visit at either branch to set up your personalised programme and start soothing those winter stresses and strains. ■

Léa Teboul Sitbon

→ Forever Institut, Rue du Rhône 56, Geneva (022 319 09 60, www.forever-beauty.com/en). Mon-Thu 8am-8pm, Fri 8am-7pm, Sat 9am-5pm, Sun open upon request.

Forever Boutique, Rue Caroline 5, Lausanne (021 566 13 14, www.forever-boutique.ch). Mon noon-6pm, Tue-Fri 9am-6.30pm, Sat 9am-3pm.

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